

SkleroCARE: Ein innovatives Modell zur Verbesserung der Lebensqualität sowie zum Erhalt der Leistungs- und Arbeitsfähigkeit von Patientinnen und Patienten mit systemischer Sklerose und deren pflegenden Angehörigen	
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Short summary:	<p>Systemic sclerosis, also known as scleroderma, is a rare, complex and multisystemic rheumatic disease. Patients often experience functional limitations, pain, fatigue, reduced quality of life and restrictions in daily activities and work ability.</p> <p>The SkleroCARE project aims to systematically evaluate clinical and patient-reported outcomes in patients with systemic sclerosis during inpatient rehabilitation. Routinely collected clinical data will be analysed and complemented by online-based questionnaires. Outcomes include functional assessments, quality of life, disease burden, work ability, use and need of non-pharmacological therapies and supportive measures. In addition, the burden and support needs of informal caregivers will be assessed.</p> <p>The project focuses particularly on non-pharmacological and rehabilitative interventions, where evidence in systemic sclerosis remains limited. SkleroCARE aims to contribute to a better understanding of rehabilitation interventions and to support patient-centred, evidence-based care for people with systemic sclerosis.</p>